



HOKKAIDO INTERNATIONAL FOUNDATION

## Japanese Language and Japanese Culture Program

# Homestay Preparation

The host family placement is one of the most important factors for your well-being during the program. In order to do our very best to match every student with a suitable host family, please be clear about everything we ask you on this form, including food(s) you cannot eat, your smoking/drinking habits, and any physical restrictions. Please include all relevant information.

**Note: HIF will pass the followings to your host family before the program begins.**

- All the information you enter on this Homestay Preparation form except for the "G. Questions NOT disclosed to your host family" section.
- A photo you uploaded on the Homestay Preparation form.
- Your name, nationality, gender, date of birth, age, university, major & minor, mailing address, and email address you have provided with HIF on your Online Registration form (the first form you have submitted to HIF when you applied for the program).

### A. Basic Information

1. Native Language(s)

\*

2. English Proficiency

\*  Native  Advanced  Daily Conversation

3. Your Religion

\*

(a) Please let us know if you have any special needs based on your religion other than food restriction.

#### 4. Your Height

\*  cm  
(This information is helpful for your host family to prepare a futon or a bed if you are very tall.)

5. Do you have any health problems or physical restrictions (including allergies to medicines/animals/smoke, chronic illnesses, disabilities)?

\*  Yes  No

(a) If yes, please provide details.

If you have any health problems or physical restrictions you would like to be kept confidential, please write about that in the "4. Any additional information" box under "G. Questions NOT disclosed to your host family" at the end of this form.

## B. Foods

Your host family will accommodate your diet as best as they can, based on the information you provide here. But, your flexibility will help you to understand Japanese food culture, which is a valuable aspect of your homestay experience.

(1) Beef  
(4) Chicken

(2) Pork  
(5) Milk

(3) Lamb  
(6) Butter

- |  |                                   |                               |
|--|-----------------------------------|-------------------------------|
| (7) Cheese                                     | (8) Yogurt                        | (9) Egg                       |
| (10) Nut                                       | (11) Fish (raw/uncooked)          | (12) Fish (cooked)            |
| (13) Shellfish                                 | (14) Squid                        | (15) Octopus                  |
| (16) Shrimp/Prawn                              | (17) Crab                         | (18) Rice                     |
| (19) Buckwheat                                 | (20) Wheat Flour                  | (21) Seaweed                  |
| (22) Soy Bean (miso, shoyu, tofu, natto, etc.) | (23) Vegetables (Please specify.) | (24) Fruits (Please specify.) |
| (25) Others (Please specify.)                  |                                   |                               |

1. Among the food items listed in the above box:

(a) Tell us those you cannot/don't eat at all, and why.

\*Food items & reason

(e.g.) I can't eat any foods with wheat in them because I'm allergic to it.

(b) Tell us those you prefer not to eat, and why.

\*Food items & reason

(e.g.) I prefer not to eat octopus no matter whether it is cooked or not, because I don't like it.

(c) List those you have never eaten before but will give it a try during your stay in Japan.

\*Food items

(d) List those you have never eaten before and will not try in the future.

\*Food items

[Grey box] [Empty text box]

(e) List those you are not familiar with and cannot tell whether you can eat it or not.

[Grey box] \*Food items [Empty text box]

2. What are your favorite foods/dishes? What do you often eat in your country?

[Grey box] \* [Empty text box]

3. Please write additional information about your diet, if any.  
(e.g., have a small appetite, vegetable lover, seldom eat breakfast in my country, slow eater)

[Grey box] [Empty text box]

## C. Your Lifestyle & Preference

### Smoking

1. Do you smoke?

[Grey box] \*  Yes  No

(a) If yes, do you MIND if you cannot smoke at your host family's house?

[Grey box]

Yes  No

2. Do you MIND if a member of your host family smokes?

\*  Yes  No

3. Do you MIND if a member of your host family smokes in a limited are of the house?  
(e.g., his/her own room, right under an exhaust fan in the kitchen)

\*  Yes  No

### Drinking Alcohol

1. Do you drink alcohol?

\*  Yes  No

2. Do you MIND if a member of your host family drinks alcohol?

\*  Yes  No

### Living with Children

Please tell us your preference about living with a family who has children of the following age groups.

\*0-5 years  
(Infants/preschoolers)

\*6-12 years  
(Elementary school  
students)

\*13-18 years  
(Middle/high school  
students)

### Pet

1. Do you have a pet at home?

\*  Yes  No

(a) If yes, what animal(s) do you have?

2. Do you MIND if your host family keeps a pet?

\*  Yes  No

(a) If yes, please write animal(s) you dislike.

### Hobby

What are your interests and hobbies? How do you spend your leisure time?

\*

## D. Trip to Japan

If you have been to Japan, please tell us your trips. Please share us with two of the most recent or memorable ones, if you have been to Japan multiple times.

Trip 01

Prefecture	<input type="text"/>
City/Town	<input type="text"/>
Purpose	<input type="text"/>
Date	<input type="text"/>

Trip 02

Prefecture	<input type="text"/>
------------	----------------------

City/Town	<input type="text"/>
Purpose	<input type="text"/>
Date	<input type="text"/>

## E. Your Family

### Family Member 01

*Name	<input type="text"/>
*Relationship	<input type="text"/>
*Age	<input type="text"/> years old
*Occupation	<input type="text"/>
*Live together	<input type="radio"/> Yes <input type="radio"/> No

### Family Member 02

Name	<input type="text"/>
Relationship	<input type="text"/>
Age	<input type="text"/> years old
Occupation	<input type="text"/>
Live together	<input type="radio"/> Yes <input type="radio"/> No

### Family Member 03

Name	<input type="text"/>
Relationship	<input type="text"/>
Age	<input type="text"/> years old
Occupation	<input type="text"/>

Live together  Yes  No

#### Family Member 04

Name

Relationship

Age

 years old

Occupation

Live together

Yes  No

#### Family Member 05

Name

Relationship

Age

 years old

Occupation

Live together

Yes  No

Note: If there are more than five members in your family, please list the rest of the members in the "F. Any Other Information" section below.

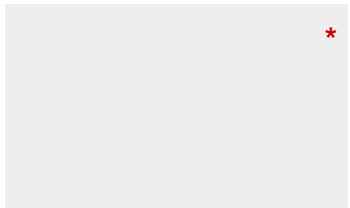
### F. Any Other Information

Please write any other information you wish to share with your host family beforehand.

### G. Questions NOT disclosed to your host family



1. How would you describe your personality?

 \*

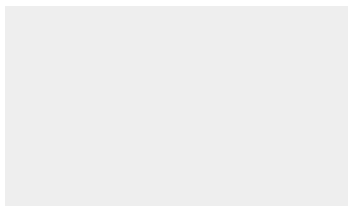
2. Please describe the characteristics of the host family that would best fit your personality?

 \*

3. Do you have any concerns about living with a host family? If so, please explain.


 \*

4. Any additional information \_\_\_\_\_



## H. Your Photo

Please upload a 3cm x 4cm head and shoulders photograph that was taken within the last 6 months.

 **\*Upload your photo.**



Please click "Browse/ファイルを選択" to upload.

ファイルを選択

選択されていません

**The Hokkaido International Foundation requires that you certify your homestay preparation form by submitting an electronic signature. To certify your form, read the text below and provide an electronic signature (type your full name) and click "Next":**

I certify that all the information in my homestay preparation form is accurate and true and I am the person submitting the form.

\*Enter Electronic  
Signature

Back

Next

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